

**PREVENTION AND/OR TREATMENT OF INFLAMMATORY BOWEL DISEASE  
USING PYY OR AGONISTS THEREOF**

This application claims benefit to U.S. Provisional Application No. 60/388,930  
5 filed June 14, 2002, the disclosure of which is incorporated herein by reference in its  
entirety to the extent allowable by law.

**FIELD OF THE INVENTION**

The field of the present invention relates to compositions and methods for treating  
inflammatory bowel disease, and in particular, ulcerative colitis.

**10 BACKGROUND OF THE INVENTION**

Ulcerative colitis is a comparatively common inflammatory bowel disease ("IBD")  
with a prevalence of about 70-150 cases in a population of 100,000. There are estimated to  
be 380,000-480,000 persons in the United States with inflammatory bowel disease. Ward  
FM, et al., "*Clinical economics review: medical management of inflammatory bowel*  
15 *disease.*" Aliment Pharmacol Ther. 1999;13(1):15-25. Ulcerative colitis typically exhibits  
a bimodal age distribution. For example, it usually appears in white males in their twenties  
and thirties and peaks at ages 20-29. In females, it peaks at about ages 30-39. Once  
affected, the disease is usually recurring with 75% of patients who suffered an initial attack  
continue to suffer repeated attacks. The second peaks for the disease in recurring patients  
20 is usually between the ages of 70-79 in both genders. Garland CF, et al., "*Incidence rates*  
*of ulcerative colitis and Crohn's disease in fifteen areas of the United States.*"  
Gastroenterology. 1981;81(6):1115-24.

Although the clinical course of IBD is very variable, the disease can be debilitating  
and dangerous. It has been reported that less than 50% of patients survive 15 years and  
25 there is a 10-year mortality rate of 5-10%. The mortality risk of ulcerative colitis, for  
example, has been estimated to be about 1.7 times that of the general population. Gyde S,

et al., "Mortality in ulcerative colitis." *Gastroenterology*. 1982;83(1 Pt 1):36-43. Surgical removal of the colon is eventually required in 20-25% of patients, and radical surgical intervention contributes substantially to the excess mortality in ulcerative colitis. Id., Cucino C. and Sonnenberg A., "Cause of death in patients with inflammatory bowel disease." *Inflamm Bowel Dis*. 2001;7(3):250-5. An additional contributor to the increased risk of mortality is a propensity to develop colorectal cancer for patients who suffered from ulcerative colitis. The cumulative probability of such development of colorectal cancer has been estimated to be about 18% after 30 years of the disease. Eaden JA, et al., The risk of colorectal cancer in ulcerative colitis: a meta-analysis. *Gut*. 2001;48(4):526-35.

10 The major symptoms associated with local inflammatory bowel disease are bloody diarrhea and abdominal pain with blood- and pus-containing stools. The disease may also manifest systemically due to chronic malabsorption (e.g., dehydration, anemia, and hypokalemia) and inflammation (e.g. fever and weight loss). Systemic manifestations of the disease outside of the colon include arthritis, skin changes, and liver changes. 15 Moreover, complications of the disease may include abscesses, fistulas, an increased risk of cancer, toxic megacolon (which carries a mortality of 50%), and bowel perforation with ensuing peritonitis and septicemia, (which is a significant cause of death). *Id.* Overall, for people affected with inflammatory bowel disease, the quality of life is markedly decreased.

Presently, the etiology of ulcerative colitis is unknown. Some have proposed and 20 described a genetic predisposition to the disease, while others have proposed infective etiopathogenesis. There has also been reports of association between the onset of the disease with periods of emotional stress. Nevertheless, the conventional therapies for inflammatory bowel disease have focused on reducing inflammation of the colon. For example, present drug therapies for ulcerative colitis are either steroid-based (ACTH or 25 glucocorticoids) or directed against prostaglandins such as 5-aminosalicylic acid (5-ASA)

or sulfasalazine, which liberates 5-ASA after bacterial breakdown in the colon. But steroid therapies are often associated with major side effects including risk of infection and bone loss with the steroid doses required to control disease. Robinson RJ, et al., "Rectal steroids suppress bone formation in patients with colitis." *Aliment Pharmacol Ther.* 5 1997;11(1):201-4.

Other experimental agents for the treatment of Crohn's disease, a form of inflammatory bowel disease, are similarly focused on suppressing the immune system of the patient suffering from the disease and may promote opportunistic infections. Some of these experimental drugs include (a) immunomodulators such as tacrolimus and 10 mycophenolate; (b) biologics such as anti-tumor necrosis factor antibody, anti-interleukin-12 (IL-12) antibody, anti-alpha4 integrin antibody, interleukin-10 (IL-10), interleukin-11 (IL-11), and antisense RNA (ISIS-2302) against ICAM-1. In addition to promoting opportunistic infections, the immunomodulators are further limited by their toxicities at high doses or when used for long periods of time.

15 Other experimental drugs that are not anti-inflammatory have also been proposed but they are similarly limited by the major side effects associated with them. For example, thalidomide has also been studied as a drug for treating Crohn's disease, but the drug, originally released as a sedative and anti-nausea medication, was discontinued in the 1960s because it caused a high incidence of birth defects. Nicotine has also been used in clinical 20 trials of ulcerative colitis and may work to inhibit production of interleukin-12 (IL-12) and tumor necrosis factor. However, randomized trials in active ulcerative colitis have shown only a modest benefit that is less than that of steroids, and it has relatively frequent side effects.

The alternative to the above therapies is surgery. Surgery and hospitalization, 25 however, are estimated to be responsible for most of medical costs associated with

inflammatory bowel disease, while drugs account for only about 10% of medical costs. Ward, *supra*. Furthermore, since ulcerative colitis, for example, affects people in the midst of their earning years, the indirect costs of the disease and incapacitation are disproportionately higher than in other diseases occurring later in life.

5 WO 03/026591 reports the use of PYY and PYY agonists for the modification of feeding behavior.

Thus, there is a major unmet medical need for treatments of inflammatory bowel disease including ulcerative colitis. Inflammatory bowel disease is comparatively common. It is chronic. It has a major impact upon the quality of life and upon the  
10 productivity of those affected, and few safe and effective treatments exist in the market today.

### SUMMARY OF THE INVENTION

The present invention provides novel methods and compositions for the use of Peptide YY ("PYY") or a PYY agonist. The invention provides for the prevention,  
15 treatment or amelioration of subjects with inflammatory bowel disease, bowel atrophy, conditions characterized by loss of bowel mucosa or bowel mucosal function, and other conditions of the gastrointestinal tract, including those which may be brought about by exposure to cytotoxic agents, radiation, toxicity, infection and/or injury.

Thus, in a first aspect of the invention, a method of treating inflammatory bowel  
20 disease is disclosed, and it, inter alia, comprises administering a pharmaceutically active formulation of PYY or a PYY agonist to patients with inflammatory bowel disease such as ulcerative colitis or Crohn's disease. The administration of the PYY or PYY agonist may be achieved through any effective route of administration, preferably subcutaneous administration.

In a preferred embodiment of the invention, a method for treating ulcerative colitis is provided by administering to a patient in need thereof a pharmaceutically active formulation of an effective PYY agonist, including, for example, PYY, PYY[3-36], or any other effective PYY agonist.

5 In a second aspect of the invention, use of PYY or a PYY agonist may include formulating the PYY or the PYY agonist with a pharmaceutically accepted carrier and disseminating information on the administration of the PYY or PYY agonist to a patient with inflammatory bowel disease or, specifically, ulcerative colitis. In a preferred embodiment, the information may be disseminated through labeling of a drug product

10 comprising the PYY or the PYY agonist for the indicated use in inflammatory bowel disease such as ulcerative colitis or Crohn's disease; bowel atrophy, or any other conditions characterized by loss of bowel mucosa or mucosal function, which may be brought about by exposure to cytotoxic agents, radiation, toxicity, or injury. Labeling may be achieved by any means recognized by the regulatory agency regulating the manufacture and

15 distribution of drugs. For example, labeling may be achieved by a packaging insert for the drug product, affixing a paper containing the information onto a container containing the drug product, or by otherwise providing to health care professionals information, together or separate from the drug product, on the administration of PYY or a PYY agonist to a patient with inflammatory bowel disease, bowel atrophy, or any other conditions

20 characterized by loss of bowel mucosa or mucosal function. Thus, a drug product comprising PYY or a PYY agonist may be manufactured by formulating PYY or a PYY agonist, packaging the formulated PYY or PYY agonist, and labeling the formulated PYY or PYY agonist for use in patients with the appropriate condition.

In a third aspect of the invention, PYY or the PYY agonist may also be

25 administered in conjunction with any other therapies for inflammatory bowel disease such

as in conjunction with anti-inflammatory agents, growth hormone, heparin, or any other therapies that may be used to treat inflammatory bowel disease.

In a fourth aspect of the invention, a method of manufacturing a PYY agonist is provided by obtaining various compounds or PYY mutants and screening the compounds  
5 or mutants for binding to a PYY receptor. Any compound or mutant identified to be binding may then be administered to an animal that is a model for inflammatory bowel disease, bowel atrophy, or any other condition characterized by loss of bowel mucosa or bowel mucosal function. When the administration to the animal shows an ability of the compound or mutant to alleviate inflammatory bowel disease such as by reducing intestinal  
10 damage or inflammation in the colon, or by restoring bowel mucosa or bowel mucosal function, the compound and mutant may then be formulated with a pharmaceutically accepted carrier for administration in humans.

In a fifth aspect of the invention, probiotic bacteria such as lactobacillus may be engineered to express PYY or a PYY agonist. The probiotic bacteria comprising a nucleic  
15 acid sequence for the PYY or the PYY agonist may then be introduced into the colon by any effective means including, for example, oral ingestion, suppository, or the like. Preferably, the lactobacillus culture expresses and secretes the PYY or PYY agonist in the colon.

#### BRIEF DESCRIPTION OF THE DRAWINGS

20 FIGURE 1 demonstrates the ability of a PYY agonist, PYY[3-36] to reduce the colonic damage in an animal model for inflammatory bowel disease as compared to steroidal drugs, according to one embodiment of the present invention.

FIGURE 2 depicts the effects on colon weight of a PYY agonist, PYY[3-36] as compared to steroidal drugs, according to one embodiment of the present invention.

FIGURE 3 depicts the effects on spleen weight of a PYY agonist, PYY[3-36] as compared to steroidal drugs, according to one embodiment of the present invention.

### GENERAL DESCRIPTION OF THE PREFERRED EMBODIMENT

As discussed above, conventional drug therapies for inflammatory bowel disease such as Crohn's disease focus on suppressing the immune system by using anti-inflammatory agents such as steroids, immunomodulators, and other biologics that affect inflammation. Contrary to these conventional drug therapies, it has been discovered and described herein that peripheral administration of PYY or agonists thereof protects the intestinal mucosa distal to the stomach and reduces the intestinal damage in the colon associated with inflammatory bowel disease without exerting a systemic immune suppressive effect. Such effect of PYY or a PYY agonist on the prevention and/or reduction of intestinal damage has not been previously demonstrated.

In one embodiment of the present invention, peripheral administration of an effective amount of PYY or agonists thereof protects the intestinal mucosa distal to the stomach. In another embodiment of the present invention, peripheral administration of an effective amount of PYY or agonists thereof reduces intestinal damage in the colon, including, for example, intestinal damage to the colon associated with inflammatory bowel disease. In another embodiment, the effects of the invention may be accomplished while exerting a systemic immune suppressive effect less pronounced than with the use of steroid based anti-inflammatory compositions, and the like.

Peptide YY (PYY) is a polypeptide that is part of the pancreatic polypeptide (PP) family which include the pancreatic polypeptide and neuropeptide Y (NPY). Pancreatic polypeptide was first discovered as a contaminant of insulin extracts and was named more by its organ of origin, rather than functional importance (Kimmel, Pollock et al. *Endocrinology* 83: 1323-30, 1968). It is a 36-amino acid peptide [SEQ ID NO.: 1]

containing distinctive structural motifs. PYY was subsequently discovered in extracts of intestine and named Peptide YY (PYY) because of the N- and C- terminal tyrosines (Tatemoto. *Proc Natl Acad Sci U S A* 79: 2514-8, 1982) [SEQ ID NO.: 2]. A third peptide was later found in extracts of brain and named Neuropeptide Y (NPY) (Tatemoto. *Proc Natl Acad Sci U S A* 79: 5485-9, 1982; Tatemoto, Carlquist et al. *Nature* 296: 659-60, 1982) [SEQ ID NO.: 4].

Any effective PP ligand peptide or agonist may be used in accordance with the present invention.

The human sequences of peptides in the PP ligand family referred to herein are as follows (in conventional one-letter amino acid code):

PP: APLEPVYPGDNATPEQMAQYAADLRRYINMLTRPRY (SEQ ID NO: 1)

PYY: YPIKPEAPGEDASPEELNRYRYASLRHYLNLVTRQRY (SEQ ID NO: 2)

PYY[3-36]: IKPEAPGEDASPEELNRYRYASLRHYLNLVTRQRY (SEQ ID NO:

3)

NPY: YPSKPDNPGEDAPAEDMARYYSALRHYINLITRQRY (SEQ ID NO: 4)

These peptides are C-terminally amidated when expressed physiologically, but need not be for the purposes of the instant invention. These peptides may also have or lack other post-translational modifications.

PYY is released from endocrine cells in the distal ileum and colon. The release may occur, for example, in response to the presence of intraluminal lipids and carbohydrates and may control several gastrointestinal functions. Pappas TN, et al., "Enterogastrone-like effect of peptide YY is vagally mediated in the dog." *J Clin Invest.* 1986;77:49-53; Adrian TE, et al., "Effect of peptide YY on gastric, pancreatic, and biliary function in humans." *Gastroenterology.* 1985;89:494-499. There has been evidence that indicates PYY's ability to modulate gastric motility through vagal dependent pathways and

interact with PYY binding sites found in the area postrema and dorsovagal complex. Pappas, *supra*; Chen CH, et al., "PYY and NPY: control of gastric motility via action on Y1 and Y2 receptors in the DVC." *Neurogastroenterol Motil.* 1997;9:109-116. PYY has been shown to slow gastric emptying and small intestinal motility in various species, including rats, dogs, and humans. Al-Saffar et al., "Correlation between peptide YY-induced myoelectric activity and transit of small-intestinal contents in rats." *Scand J Gastroenterol.* 1985;20(5):577-82; Pappas, *supra*; Savage AP, et al., "Effects of peptide YY (PYY) on mouth to caecum intestinal transit time and on the rate of gastric emptying in healthy volunteers." *Gut.* 1987;28:166-70. It also reduces intestinal motility *in vitro*, and increases the transit time in conscious rats. Savage, *supra*. Exogenous PYY further increases water and electrolyte absorption in the intestine and colon of dogs. Liu CD, et al., "Intraluminal peptide YY induces colonic absorption in vivo." *Dis Colon Rectum.* 1997;40:478-82. The antisecretory effect of PYY in the rat jejunum appears to be mediated via Y2-receptor activation. Fu-Cheng X, et al., "Antisecretory effect of peptide YY through neural receptors in the rat jejunum in vitro." *Peptides.* 1999;20:987-93. In rats, vagal afferents may mediate a protective effect at the colon. Mazelin L, et al., "Protective role of vagal afferents in experimentally-induced colitis in rats." *J Auton Nerv Syst.* 1998;73:38-45.

In inflammatory bowel disease characterized by proximal malabsorption and steatorrhea (such as tropical sprue characterized by small intestinal mucosal atrophy), plasma PYY concentrations have been reported to be elevated, perhaps due to stimulation by the inappropriate presence of fat in the distal bowel. Adrian TE, et al., "Peptide YY abnormalities in gastrointestinal diseases." *Gastroenterology.* 1986;90(2):379-84. However, in ulcerative colitis patients and in an IL-2 knockout mouse, which spontaneously develops ulcerative colitis, tissue and plasma PYY concentrations were

reduced. See Tari A, et al. "Peptide YY abnormalities in patients with ulcerative colitis." *Jpn J Med.* 1988;27(1):49-55; Qian BF, et al., "Neuroendocrine changes in colon of mice with a disrupted IL-2 gene." *Clin Exp Immunol.* 2000;120(3):424-33. PYY administration prevented bowel mucosal protein loss during total parenteral nutrition and increased the weight and DNA content of the duodenum significantly in nursing rats and adult mice. However, others found no effect upon tissue mass and concluded that PYY is not trophic to the gastrointestinal tract. See Chance WT, et al., "Preservation of intestine protein by peptide YY during total parenteral nutrition." *Life Sci.* 1996;58(21):1785-94; Gomez G, et al., "Intestinal peptide YY: ontogeny of gene expression in rat bowel and trophic actions on rat and mouse bowel." *Am J Physiol.* 1995;268(1 Pt 1):G71-81; and Goodlad RA, et al., "Is peptide YY trophic to the intestinal epithelium of parenterally fed rats?" *Digestion.* 1990;46 Suppl 2:177-81.

As used herein, "PYY" is meant a Peptide YY polypeptide obtained or derived from any species. Thus, the term "PYY" includes both the human full length, 36 amino acid peptide as set forth in SEQ ID NO: 2, and species variations of PYY, including e.g., murine, hamster, chicken, bovine, rat, and dog PYY, for example. By "PYY agonist" is meant any compound which elicits an effect of PYY to protect from or reduce colon injury associated with inflammatory bowel disease or ulcerative colitis as exemplified in Example 1 described below and which binds specifically in a Y receptor assay (Example 4) or in a competitive binding assay with labeled PYY or PYY[3-36] from certain tissues having an abundance of Y receptors, including e.g., area postrema (Example 3), wherein the PYY agonist is not pancreatic polypeptide. Preferably, PYY agonists bind in such assays with an affinity of greater than 1  $\mu$ M, and more preferably with an affinity of greater than 1-5 nM.

Such agonists can comprise a polypeptide having a functional PYY domain, an active fragment of PYY, or a chemical or small molecule. PYY agonists may be peptide or non-peptide compounds, and include "PYY agonist analogs," which refer to any compound structurally similar to a PYY that have PYY activity typically by virtue of binding to or otherwise directly or indirectly interacting with a PYY receptor or other receptor or receptors with which PYY itself may interact to elicit a biological response. Such compounds include derivatives of PYY, extended PYY molecules having more than 36 amino acids, truncated PYY molecules having less than 36 amino acids, and substituted PYY molecules having one or more different amino acids, or any combination of the above. Such compounds may also be modified by processes such as amidation, glycosylation, acylation, sulfation, phosphorylation, acetylation and cyclization.

One such PYY agonist analog is PYY[3-36], identified herein as SEQ ID NO: 3. Polypeptides with numbers in brackets refer to truncated polypeptides having the sequence of the full length peptide over the amino acid positions in the brackets. Thus, PYY[3-36] has a sequence identical to PYY over amino acids 3 to 36. A PYY agonist may bind to a PYY receptor with higher or lower affinity, demonstrate a longer or shorter half-life *in vivo* or *in vitro*, or be more or less effective than native PYY.

#### Preparation and Formulation of PYY or PYY agonists

PYY and peptide-based PYY agonists described herein may be prepared in any effective manner, including, for example, standard recombinant expression, chemical peptide synthesis, and other techniques known in the art, e.g., using an automated or semiautomated peptide synthesizer. Solid phase peptide synthesis may be carried out with an automatic peptide synthesizer (e.g., Model 430A, Applied Biosystems Inc., Foster City, CA) using the NMP/HOBt (Option 1) system and tBoc or Fmoc chemistry (see, Applied Biosystems User's Manual for the ABI 430A Peptide Synthesizer, Version 1.3B July 1,

1988, section 6, pp. 49-70, Applied Biosystems, Inc., Foster City, CA) with capping. Peptides may also be assembled using an Advanced Chem Tech Synthesizer (Model MPS 350, Louisville, Kentucky). Peptides may be purified by any effective means, including, for example, RP-HPLC (preparative and analytical) using, e.g., a Waters Delta Prep 3000  
5 system and a C4, C8 or C18 preparative column (10 $\mu$ , 2.2 x 25 cm; Vydac, Hesperia, CA). Peptides may also be modified according to methods known in the art. For example, phosphate-containing amino acids and peptides containing such amino acids, may be prepared using methods known in the art. See, e.g., Bartlett and Landen, *Biorg. Chem.* 14:356-377 (1986).

10 Peptide compounds useful in the invention may also be prepared using recombinant DNA techniques, using methods now known in the art. See, e.g., Sambrook *et al.*, Molecular Cloning: A Laboratory Manual, 2d Ed., Cold Spring Harbor (1989). Non-peptide compounds such as small molecule chemicals, carbohydrates, glycolipids useful in the present invention may also be prepared by methods known in the art or obtained from  
15 various sources that makes combinatorial libraries of non-peptide compounds.

Preferably, the PYY or PYY agonist is formulated with a pharmaceutically acceptable carrier for administration in humans. Various pharmaceutically acceptable carriers and their formulations are described in standard formulation treatises, e.g., Remington's Pharmaceutical Sciences by E.W. Martin. See also Wang, Y.J. and Hanson,  
20 M.A. "Parenteral Formulations of Proteins and Peptides: Stability and Stabilizers," *Journal of Parenteral Science and Technology*, Technical Report No. 10, Supp. 42:2S (1988).

The compositions or pharmaceutical composition described herein can be administered by any route, including intravenous, intraperitoneal, subcutaneous, and intramuscular, oral, rectal, topical, transmucosal, or by nasal and pulmonary inhalation.  
25 Compositions useful in the invention may conveniently be provided in the form of

formulations suitable for parenteral (including intravenous, intramuscular and subcutaneous), nasal, oral, or rectal administration. In some cases, it will be convenient and desirable to provide a PYY or a PYY agonist and another agent such as an anti-inflammatory agent or growth hormone in a single composition or solution for administration together. In other cases, it may be more advantageous to administer the additional agent separately from said PYY or PYY agonist. A suitable administration format may best be determined by a medical practitioner for each patient individually.

Compounds useful in the invention can be provided as parenteral compositions for e.g., injection or infusion. Preferably, they are suspended in an aqueous carrier, for example, in an isotonic buffer solution at a pH of about 3.0 to about 8.0, preferably at a pH of about 3.5 to about 7.4, 3.5 to 6.0, or 3.5 to about 5.0. Useful buffers include sodium citrate-citric acid and sodium phosphate-phosphoric acid, and sodium acetate/acetic acid buffers. A form of repository or "depot" slow release preparation may be used so that therapeutically effective amounts of the preparation are delivered into the bloodstream over many hours or days following transdermal injection or delivery.

Since the products of the invention are amphoteric, they may be utilized as free bases, as acid addition salts or as metal salts. The salts must, of course, be pharmaceutically acceptable, and these will include metal salts, particularly alkali and alkaline earth metal salts, e.g., potassium or sodium salts. A wide variety of pharmaceutically acceptable acid addition salts are available. Such products are readily prepared by procedures well known to those skilled in the art.

For use by the physician, the compositions will be provided in dosage unit form containing an amount of a PYY or a PYY agonist with or without another active ingredient, e.g., an anti-inflammatory agent or a growth hormone. Therapeutically effective amounts of a PYY or a PYY agonist are those that alleviate inflammatory bowel

disease, and other like conditions of the gastrointestinal tract. The compositions may, for example, reduce intestinal damage of the colon. In another embodiment the compositions reduce bloody diarrhea. In another embodiment the compositions reduce abdominal pain, which may, for example, be associated with blood- and pus-containing stools. In another  
5 embodiment, the compositions restore bowel mucosa. In another embodiment, the compositions restore bowel mucosal function. These effects may also be obtained in combination. Generally, the effects may be accomplished while exerting a systemic immune suppressive effect less pronounced than with the use of steroid based anti-inflammatory compositions, and the like.

10       Assessment of damage in the colon may be performed using magnetic resonance imaging, ultrasound, radiography, video endoscopes, or any other suitable means under the direction of a physician or health care professional. *See e.g., "Madsen SM, et al. Inflammatory bowel disease evaluated by low-field magnetic resonance imaging. Comparison with endoscopy, 99mTc-HMPAO leucocyte scintigraphy, conventional  
15 radiography and surgery." Scand J Gastroenterol. 2002;37(3):307-16.* As will be recognized by those in the field, an effective amount of therapeutic agent will vary with many factors including the age and weight of the patient, the patient's physical condition, the blood sugar level, the weight level to be obtained, and other factors

20       The exact dose to be administered is readily determined by one of skill in the art and is dependent upon the potency of the particular compound, as well as upon the age, weight and condition of the individual. The dosage of the compounds may range from about 100 µg to about 500 mg/ day, preferably about 500 µg to about 100 mg/day and more preferably about 1 mg to about 50 mg/day, for a 50 kg patient, administered in a single or divided doses. Administration may begin, for example, at the first sign of  
25 symptoms or shortly after diagnosis of inflammatory bowel disease or bowel atrophy.

Administration may be by any route, e.g., injection, preferably subcutaneous or intramuscular, rectal, oral, nasal, transdermal, etc. Dosages for certain routes, for example oral administration, should be increased to account for decreased bioavailability, for example, by about 5-100 fold.

5        The optimal formulation and mode of administration of compounds of the present application to a patient depend on factors known in the art such as the particular disease or disorder, the desired effect, and the type of patient. While the compounds will typically be used to treat human subjects they may also be used to treat similar or identical diseases in other vertebrates such as other primates, farm animals such as swine, cattle and poultry,  
10    and sports animals and pets such as horses, dogs and cats.

#### Screening for Additional PYY Agonists

Other PYY agonists can be identified by using the receptor binding assays described below (e.g., in Examples 3 and 4) or known in the art in combination with the physiological screens described in the Examples below. Potential PYY agonists can be  
15    compared with the activity of PYY or PYY[3-36].

Alternatively, once one or more PYY-preferring (Y7) receptors have been characterized and cloned, alternative assays and high throughput screens can be implemented as discussed below or known in the art. Y7 receptors are those with an affinity for PYY or PYY[3-36] greater than their affinity for NPY. Methods of screening  
20    for compounds which modulate PYY receptor activity comprise contacting test compounds with PYY receptors and assaying for the presence of a complex between the compound and the PYY receptors. In such assays, the test ligand is typically labelled. After suitable incubation, free ligand is separated from that present in bound form, and the amount of free or uncomplexed label is a measure of the ability of the particular compound to bind to the

PYY receptors. Alternatively, bound labelled ligand may be measured (e.g., using expressed membrane-bound Y7 receptors).

In another embodiment of the invention, high throughput screening for compounds having suitable binding affinity to PYY receptors is employed. For example, large numbers of different small peptide test compounds are synthesised on a solid substrate. The peptide  
5 test compounds are contacted with the PYY receptor and washed. Bound PYY receptor is then detected by methods well known in the art. Purified test compounds can also be coated directly onto plates for use in the aforementioned drug screening techniques. In addition, if the test compounds are proteins, antibodies can be used to capture the protein  
10 and immobilize it on the solid support by any means known in the art.

Other embodiments of the invention comprise using competitive screening assays in which neutralizing antibodies capable of binding a polypeptide of the invention specifically compete with a test compound for binding to the polypeptide. In this manner, the antibodies can be used to detect the presence of any peptide that shares one or more  
15 antigenic determinants with a PYY agonist. Radiolabeled competitive binding studies are described in A.H. Lin *et al. Antimicrobial Agents and Chemotherapy*, 1997, vol. 41, no. 10. pp. 2127-2131, the disclosure of which is incorporated herein by reference in its entirety.

Once a PYY agonist binding to the PYY receptor has been identified, the PYY  
20 agonist may be further assayed for its ability to protect intestinal mucosa or reduce damage of the colon, restore or protects bowel mucosa or mucosal function, according to the methods exemplified in Example 1. Finally, the PYY agonist may then be formulated with a pharmaceutically acceptable carrier for use in the administration to patients.

The PYY or PYY agonists may be provided as part of an article of manufacture  
25 that comprises a container containing the formulated PYY or PYY agonist. The article of

manufacture may further comprise a label indicating the use of the formulated PYY or PYY agonist for patients with inflammatory bowel disease such as ulcerative colitis and Crohn's disease. The label may be affixed to the container or may be a package insert provided with the article of manufacture.

5       As shown in the examples below, administration of PYY or an effective agonist of PYY in an animal model for inflammatory bowel disease significantly reduces intestinal damage of the colon. Accordingly, administration in humans is similarly beneficial in accordance with the present invention. The compositions may be used to prevent, treat and alleviate inflammatory bowel disease, bowel atrophy, or any other conditions characterized  
10 by loss of bowel mucosa or bowel mucosal function, including conditions that are brought about by exposure to cytotoxic agents, radiation, toxicity, infection and/or injury.

To assist in understanding the present invention, the following Examples are included. The experiments relating to this invention should not, of course, be construed as specifically limiting the invention and such variations of the invention, now known or later  
15 developed, which would be within the purview of one skilled in the art are considered to fall within the scope of the invention as described herein and hereinafter claimed.

## EXAMPLES

### **Example 1: Reduction of Colon Injury of Animal Model for Inflammatory Bowel Disease Using PYY[3-36].**

#### 20 Methods

*Animal preparation:* 10-11 weeks old male HSD rats, ranging 250-300 grams, were housed in a 12:12 light:dark cycle, and allowed *ad libitum* access to a standard rodent diet (Teklad LM 485, Madison, WI) and water. The animals were fasted for 24 hours before the experiment.

25       *Procedure:* A simple and reproducible rat model of chronic colonic inflammation has been previously described by Morris GP, et al., "Hapten-induced model of chronic

inflammation and ulceration in the rat colon." *Gastroenterology*. 1989;96:795-803. It exhibits a relatively long duration of inflammation and ulceration, affording an opportunity to study the pathophysiology of colonic inflammatory disease in a specifically controlled fashion, and to evaluate new treatments potentially applicable to inflammatory bowel disease in humans.

Rats were anesthetized with 3% isoflurane and placed on a regulated heating pad set at 37°C. A gavage needle was inserted rectally into the colon 7 cm. The hapten trinitrobenzenesulfonic acid (TNBS) dissolved in 50% ethanol (v/v) was delivered into the lumen of the colon through the gavage needle at a dose of 30 mg/kg, in a total volume of 0.4-0.6 mL, as described in Mazelin, *supra*. Control groups received saline solution (NaCl 0.9%) intracolonicly.

Four days after induction of colitis, the colon was resected from anesthetized rats, which were then euthanized by decapitation. Weights of excised colon and spleen were measured, and the colons photographed for scoring of gross morphologic damage according to Table 1 before division into 3 parts. The segment of colon 1 cm from the cecum was fixed in 10% formalin. Other segments were immediately frozen on dry ice.

Table 1 below provides the criteria for scoring gross morphological damage for this assay. Inflammation was defined as regions of hyperemia and bowel wall thickening. Colons were observed independently by several observers blinded to experimental treatment.

Score	Gross Morphology
0	No damage
1	Localized hyperemia, but no ulcers
2	Linear ulcers with no significant inflammation.
3	Linear ulcer with inflammation at one site
4	Two or more sites of ulceration and/or inflammation
5	Two or more major sites of inflammation and ulceration or one major site of inflammation and ulceration extending >1 cm along the length of the colon

Table 1.

For this assay, 5 treatment groups were set up as follows:

Group A (n=3). intracolonic saline with subcutaneous treatment of saline;

Group B (n=8). subcutaneous treatment of saline prior to induction of colitis by 30 mg/kg TNBS;

Group C (n=10). Experimental group -- subcutaneous treatment of PYY[3-36] at 900 µg/kg twice daily for 2 days before, 2 days after, and 30 min before induction of colitis by 30 mg/kg TNBS;

Group D (n=9). Positive control -- intramuscular injection of Depo-Medrol 600 µg/kg 60 min prior to induction of colitis by 30 mg/kg TNBS;

Group E (n=10). Positive control, 5-amino salicylic acid (Sigma) suspension at 200 mg/kg intracolonic administration in 0.5 mL saline, 60 min before induction of colitis and daily thereafter.

### Results

As seen in Figure 1, treatment of animals with 900µg/kg (twice daily) of PYY[3-36] before and after induction of colitis reduced the gross morphologic damage score index by about 50% in treated animals. Damage score index in animals treated subcutaneously with saline prior to induction of colitis was  $3.24 \pm 0.66$ . In animals pretreated with PYY[3-36], the index was  $1.64 \pm 0.29$  ( $P=0.039$ ). Steroid therapy (Depo-medrol) and 5-aminosalicylic acid (5-ASA) also reduced damage score index from  $3.24 \pm 0.66$  to  $1.12 \pm 0.26$  and  $1.62 \pm 0.62$  ( $P=0.02$  and  $P=0.09$ , respectively vs saline).

Figure 2 further provides evidence that PYY or a PYY agonist may be used to protect from colon injury. Figure 2 shows the experiment results based on the colon weight of the treated animals. Colon weight may somewhat reflect edema. Thus, increases in colon weight can be an indirect measure of injury. As seen in Figure 2, the pattern of colon weights mirrored that of the colon injury score in that increased in colon weight of PYY[3-36] treated rats were less than that of increase in colon weight of saline treatment after induction of colitis. Thus, these data demonstrate that administration of PYY or a PYY agonist to an animal may be used as an effective method treating inflammatory bowel disease including ulcerative colitis.

Immune suppression of PYY[3-36] treatment was also assayed by measuring the spleen weight of the treated animals. If there has been a systemic suppression of the immune system, the spleen weight of the animal will decrease as a result. As seen in Figure 3, the spleen weight in the Depo-Medrol positive control rats decreased and was consistent with a systemic immune suppression by Depo-Medrol. Spleen weight was not decreased in the 5-ASA positive control, which is consistent with the local action of 5-ASA. Spleen weight did not decrease in PYY-treated animals, suggesting that the effect of PYY[3-36] was not due to systemic immune suppression.

### **Example 2: Other PYY agonist and analogs.**

Although the example above used PYY[3-36], it is contemplated that other PYY agonists may also be used. Examples of other PYY agonists are disclosed in the literature, including U.S. Patent Nos. 5,604,203, 5,912,227, 5,916,869, 6,017,879, WO 03/026591, all of which are hereby incorporated by reference as if fully set forth herein.

Other PYY agonists may also be obtained by methods known in the art. For example, methods for determining peptide three-dimensional structure and analogs thereto are known, and are sometimes referred to as "rational drug design techniques." *See, e.g.,*

U.S. Pat. No. 4,833,092 to Geysen; U.S. Pat. No. 4,859,765 to Nestor; U.S. Pat. No. 4,853,871 to Pantoliano; U.S. Pat. No. 4,863,857 to Blalock; see also Waldrop, Science 247, 28029 (1990); Rossmann, Nature 333, 392 (1988); Weis et al., Nature 333, 426 (1988); James et al., Science 260, 1937 (1993) (development of benzodiazepine  
5 peptidomimetic compounds based on the structure and function of tetrapeptide ligands). All references cited in this application are hereby incorporated by reference as if fully set forth herein to the extent allowable by law.

In general, those skilled in the art will appreciate that deletion, substitution, or insertion may be made to the amino acid sequences of PYY to generate PYY mutants  
10 without unduly adversely affecting the activity thereof. Thus, peptides containing such deletions or substitutions are a further aspect of the present invention. For example, truncated mutants of PYY may be used according to the methods of the invention, where the truncation is a deletion of about 5, 10, 15, 25, or 30 amino acids from the n-terminus of PYY (e.g., PYY[6-36], PYY[11-36], PYY[16-36], PYY[26-36], and PYY[31-36]). In  
15 peptides containing substitutions or replacements of amino acids, one or more amino acids of a peptide sequence may be replaced by one or more other amino acids wherein such replacement does not affect the function of that sequence. Such changes can be guided by known similarities between amino acids in physical features such as charge density, hydrophobicity/hydrophilicity, size and configuration, so that amino acids are substituted  
20 with other amino acids having essentially the same functional properties. For example: Ala may be replaced with Val or Ser; Val may be replaced with Ala, Leu, Met, or Ile, preferably Ala or Leu; Leu may be replaced with Ala, Val or Ile, preferably Val or Ile; Gly may be replaced with Pro or Cys, preferably Pro; Pro may be replaced with Gly, Cys, Ser, or Met, preferably Gly, Cys, or Ser; Cys may be replaced with Gly, Pro, Ser, or Met,  
25 preferably Pro or Met; Met may be replaced with Pro or Cys, preferably Cys; His may be

replaced with Phe or Gln, preferably Phe; Phe may be replaced with His, Tyr, or Trp, preferably His or Tyr; Tyr may be replaced with His, Phe or Trp, preferably Phe or Trp; Trp may be replaced with Phe or Tyr, preferably Tyr; Asn may be replaced with Gln or Ser, preferably Gln; Gln may be replaced with His, Lys, Glu, Asn, or Ser, preferably Asn or Ser; Ser may be replaced with Gln, Thr, Pro, Cys or Ala; Thr may be replaced with Gln or Ser, preferably Ser; Lys may be replaced with Gln or Arg; Arg may be replaced with Lys, Asp or Glu, preferably Lys or Asp; Asp may be replaced with Lys, Arg, or Glu, preferably Arg or Glu; and Glu may be replaced with Arg or Asp, preferably Asp. Once made, changes can be routinely screened to determine their effects on function with assays exemplified in Examples 1, 3, and 4.

Non-peptide mimetics of PYY may also be used according to the methods of the invention. Non-protein drug design may be carried out using computer graphic modeling to design non-peptide, organic molecules able to bind to the PYY receptor. See, e.g., Knight, *BIO/Technology* 8, 105 (1990); Itzstein et al, *Nature* 363, 418 (1993) (peptidomimetic inhibitors of influenza virus enzyme, sialidase). Itzstein et al., *Nature* 363, 418 (1993), modeled the crystal structure of the sialidase receptor protein using data from x-ray crystallography studies and developed an inhibitor that would attach to active sites of the model; the use of nuclear magnetic resonance (NMR) data for modeling is also known in the art. See also Lam et al., *Science* 263, 380 (1994) regarding the rational design of bioavailable nonpeptide cyclic ureas that function as HIV protease inhibitors. Lam et al. used information from x-ray crystal structure studies of HIV protease inhibitor complexes to design nonpeptide inhibitors.

Agonists may also be developed by generating a library of molecules, selecting for those molecules which act as ligands for a specified target, in this case the PYY receptor, and identifying and amplifying the selected ligands. See, e.g., Kohl et al., *Science* 260,

1934 (1993) (synthesis and screening of tetrapeptides for inhibitors of farnesyl protein transferase, to inhibit ras oncoprotein dependent cell transformation). Techniques for constructing and screening combinatorial libraries of oligomeric biomolecules to identify those that specifically bind to a given receptor protein are known. Suitable oligomers  
5 include peptides, oligonucleotides, carbohydrates, nonoligonucleotides (e.g., phosphorothioate oligonucleotides; see Chem. and Engineering News, page 20, Feb. 7, 1994) and nonpeptide polymers (see, e.g., "peptoids" of Simon et al., Proc. Natl. Acad. Sci. USA 89, 9367 (1992)). See also U.S. Pat. No. 5,270,170 to Schatz; Scott and Smith, Science 249, 386-390 (1990); Devlin et al., Science 249, 404406 (1990); Edgington,  
10 BIO/Technology 11, 285 (1993). Peptide libraries may be synthesized on solid supports, or expressed on the surface of bacteriophage viruses (phage display libraries). Known screening methods may be used by those skilled in the art to screen combinatorial libraries to identify PYY receptor ligands. Techniques are known in the art for screening synthesized molecules to select those with the desired activity, and for labeling the  
15 members of the library so that selected active molecules may be identified. See, e.g., Brenner and Lerner, Proc. Natl. Acad. Sci. USA 89, 5381 (1992) (use of genetic tag to label molecules in a combinatorial library); PCT US93/06948 to Berger et al., (use of recombinant cell transformed with viral transactivating element to screen for potential antiviral molecules able to inhibit initiation of viral transcription); Simon et al., Proc. Natl.  
20 Acad. Sci. USA 89, 9367 (1992) (generation and screening of "peptoids", oligomeric N-substituted glycines, to identify ligands for biological receptors); U.S. Pat. No. 5,283,173 to Fields et al., (use of genetically altered *Saccharomyces cerevisiae* to screen peptides for interactions).

As used herein, "combinatorial library" refers to collections of diverse oligomeric  
25 biomolecules of differing sequence, which can be screened simultaneously for activity as a

ligand for a particular target. Combinatorial libraries may also be referred to as "shape libraries", i.e., a population of randomized polymers which are potential ligands. The shape of a molecule refers to those features of a molecule that govern its interactions with other molecules, including Van der Waals, hydrophobic, electrostatic and dynamic.

5 Nucleic acid molecules may also act as ligands for receptor proteins. See, e.g., Edgington, BIO/Technology 11, 285 (1993). U.S. Pat. No. 5,270,163 to Gold and Tuerk describes a method for identifying nucleic acid ligands for a given target molecule by selecting from a library of RNA molecules with randomized sequences those molecules that bind specifically to the target molecule. A method for the in vitro selection of RNA  
10 molecules immunologically cross-reactive with a specific peptide is disclosed in Tsai, Kenan and Keene, Proc. Natl. Acad. Sci. USA 89, 8864 (1992) and Tsai and Keene, J. Immunology 150, 1137 (1993). In the method, an antiserum raised against a peptide is used to select RNA molecules from a library of RNA molecules; selected RNA molecules and the peptide compete for antibody binding, indicating that the RNA epitope functions as  
15 a specific inhibitor of the antibody-antigen interaction.

### Example 3: Area Postrema Assay For Identifying PYY agonist

Peripherally administered PYY has been reported to activate neurons in the area postrema (Bonaz, Taylor et al. *Neurosci Lett* 163: 77-80, 1993). Evaluation of the PYY agonist activity of potential compounds of the invention can be carried out using the *area*  
20 *postrema* assay as follows, in combination with an assay of PYY effect in protecting the intestines from damage according to the methods set forth in Example 1.

#### Membrane Preparation

In this assay, *area postrema* membranes were prepared from tissue dissected from the pig or bovine brain stem. *Area postrema* membrane preparations are initiated by brief  
25 (4-10 seconds) homogenization of tissues using, e.g., a Polytron tissue homogenizer

(Brinkman Instruments, NY) at ice-cold temperatures in a buffered solution such as phosphate buffered saline (138mM NaCl, 8.1mM Na<sub>2</sub>PO<sub>4</sub>, 2.5mM KCl, 1.2mM KH<sub>2</sub>PO<sub>4</sub>, 0.9mM CaCl<sub>2</sub>, 0.5mM MgCl<sub>2</sub>, pH 7.4). Following tissue disruption, large particles and debris were cleared by centrifugation (200 x g, 5 minutes, 4°C) and the supernatant fraction  
5 is preserved on ice. Membranes are isolated from the supernatant fraction by high-speed centrifugation (at least 40,000 x g, for at least 10 minutes, 4°C). Membranes are normally washed at least twice by re-homogenization in fresh buffer and recentrifugation, in order to remove endogenous interfering substances. Washed membranes are resuspended in buffer containing a proteolytic enzyme inhibitors such as phenylmethylsulfonyl fluoride (PMSF)  
10 or bacitracin. Volumes of buffer may be added sufficient to adjust the final tissue concentration to a level suitable for the particular screening method employed.

#### Binding Reactions

In one embodiment, incubation mixtures for the screening method are set up as follows. To glass or polymeric tubes are added a small volume of Buffer Mixture  
15 ("HBBM") composed of a buffer solution such as HEPES containing a protease inhibitor such as bacitracin or PMSF, protease-free serum albumin (preferable fraction V BSA, protease-free) and, optionally, a Mg<sup>2+</sup> or Ca<sup>2+</sup> salt, and EDTA. To the Buffer Mixture is added a small volume of buffer containing the unlabeled molecules to be tested for agonist activity at concentrations of about 10<sup>-11</sup> to 10<sup>-6</sup> M. Control tubes contain buffer alone. To  
20 this mixture is added amounts of labeled *area postrema* preparation ligand (here, PYY), in buffer so as to produce final concentrations of from about 10 to about 100 pM. Because of the high specific activities obtainable and ease of chemical labeling, <sup>125</sup>I is preferred to label the *area postrema* ligands. Ligands may be isolated from human tissues, from animal tissues, or produced by chemical, synthetic, or recombinant means. Labeled *area postrema*

preparation ligands are dissolved in sterile water containing protease-free Fraction V BSA, aliquoted, and stored frozen until use.

Reactions are begun by adding, for example, membranes to each incubation tube. The amount of membrane protein required per tube is varied so that the amount of labeled  
5 ligand bound by the membranes in the assay is less than, for example, 10% of the total concentration of ligand in the assay (typically about 100  $\mu$ g).

Reaction mixtures are incubated for a period of time and at a temperature sufficient to reach steady-state conditions within the period. The term "steady state" as used herein is intended to encompass the sum total of all reactions and processes that influence the net  
10 amount of bound hormone. It may or may not be synonymous with "equilibrium." Typically, tubes are incubated for about 60 minutes at room temperature.

#### Detection

When membranes are used, they are isolated following binding in order to determine the amount of labeled ligand bound after competition between labeled and  
15 unlabeled ligands. It is convenient to collect membranes by filtration with a vacuum-powered Brandel Cell Harvester (Brandel Instruments, Gaithersburg, Maryland, Model M-24) through glass fiber filters (e.g., GF/B, Whatman) that have been presoaked with a reagent in order to reduce nonspecific binding (NSB). Preferred is presoaking filters for about 5 hours in about 0.3% polyethyleneimine. The skilled artisan will know of other  
20 membrane collecting devices, such as the Millipore Filtration Assembly (Model 1225) or the Sandbeck filter box (Bennett, J.P., in *Neurotransmitter Receptor Binding*, H.I. Yamura, et al., Raven, New York 1978, Pages 57-90), collecting filters, and NSB-reducing reagents that can be used in receptor binding assays. Both immediately before and immediately after filtration, filters are washed with large (milliliter) volumes of ice cold buffer to remove  
25 contaminating materials, e.g., unbound labeled ligand. Filters are removed and the amount

of labeled ligand bound to membranes is quantified. Where  $^{125}\text{I}$  is the label, radioactivity may be assessed in a gamma ray counter. Where a chemiluminescent reporter molecule (e.g., AMPPD, Tropix, Inc., Bedford, MA) is used, the light produced may be quantified in a luminometer. Enzymatic and fluorescent labels may also be used.

5        Instead of by filtration, membranes may be isolated following incubation by centrifugation (e.g., Beckman -2-21-M refrigerated centrifuge at 21,000 rpm or a Beckman 12 or Eppendorf microfuge), washed with ice cold buffer, then counted as such or following solubilization of membranes by detergent or alkali.

#### Data Analysis

10        Scatchard plot saturation analyses of binding data, wherein bound/free (B/F) labeled ligand is plotted as a function of the amount bound, are performed by standard methods. See, e.g., (Scatchard. *Ann NY Acad Sci* 51: 660, 1949).

Competition curves, wherein the amount bound (B) is plotted as a function of the log of the concentration of ligand may be analyzed by computer, eg., analyses by nonlinear regression to a 4-parameter logistic equation (Prism Program; GraphPAD Software, San  
15        Diego, California) or the ALLFIT program (Version 2.7 (NIH, Bethesda, MD 20892)) (Munson and Rodbard. *Anal Biochem* 107: 220-39, 1980; de Lean, A., Munson, P. J. et al. 1988).

To determine binding constants, Scatchard saturation curves may be generated and  
20        analyzed according to a modification of the method of Scatchard, as described by Bylund, D.B., et al., "Methods for Receptor Binding," In H.I. Yamamura et al., eds., *Methods in Neurotransmitter Analysis*, Raven Press, New York, 1990 pp. 1-35.

In order to obtain specific binding values experimentally, a broad range of tracer concentrations of labeled ligand (typically, 1-150 pM) is used to obtain total binding and  
25        duplicate tubes reassessed, in the presence of a very high concentration, e.g., 100nM, of

unlabeled ligand, to obtain nonspecific binding (NSM). The latter value is subtracted from each total binding value in order to obtain specific binding at every concentration of labeled ligand.

**Example 4: Y receptor binding assay for identifying PYY agonist.**

5 Evaluation of the PYY agonist activity of potential compounds of the invention can be carried out by investigating their interaction with any of the known Y receptors, such as Y1-Y6, or with one or more unique receptor classes similar to the PYY-preferring receptors (such as Y7) expressed in cells, in combination with an assay of PYY effect, for example those of Examples 1 and 3. These cells may endogenously express the Y receptor  
10 of interest (such as SK-N-MC cells that express Y1 receptors or SK-N-BE2 cells which express Y2 receptors) or may be other cells (such as COS-7 or HEK293 cells) that are transfected with the clone of the Y receptor of interest. Binding to SK-N-BE2 cells is used as an example.

Cell culture

15 SK-N-BE2 cells are grown on, for example 150 mm plates in tissue culture medium with supplements (Dulbecco's Modified Eagle Medium with 10% fetal calf serum, 4mM glutamine, 100 units/mL penicillin and 100µg/mL streptomycin) at 37°C in 5% CO<sub>2</sub> humidified atmosphere. Stock plates are trypsinized and split 1:6 every 3-4 days.

Membrane Preparation

20 Cells are scraped from the plates in a small volume of a buffered solution such as phosphate buffered saline (138mM NaCl, 8.1mM Na<sub>2</sub>PO<sub>4</sub>, 2.5mM KCl, 1.2mM KH<sub>2</sub>PO<sub>4</sub>, 0.9mM CaCl<sub>2</sub>, 0.5mM MgCl<sub>2</sub>, pH 7.4), or are trypsinized, washed and resuspended in buffered solution. Membrane preparations are initiated by brief (10 seconds) homogenization of cells using, e.g., a Polytron tissue homogenizer (Brinkman Instruments,  
25 NY) at ice-cold temperatures. Membranes are further prepared by centrifugation as

described above in Example 3. Binding reactions, detection and data analysis are as described in Example 3.

**Example 5: Probiotic bacteria expressing PYY or a PYY agonist**

Probiotic bacteria that are present in the intestines may also exert a protective effect  
5 on the intestinal mucosal to prevent attack by other opportunistic bacteria on the intestinal  
cells. Lactic acid bacteria are considered probiotic, and they may be used to express PYY  
or a PYY agonist to allow for increased protection. Among the lactic acid bacteria, the  
lactobacillus are preferred. For example, *Lactobacillus rhamnosus* GG (ATCC 53103), is a  
probiotic strain that has been isolated from healthy human intestinal flora. Its probiotic  
10 effects on human well being has been widely researched and documented in scientific  
journals.

Transformation of the lactobacillus may be performed using methods as described  
in Leer et al. (WO095/35389), and using vectors as described in PCT Application Nos.  
PCT/NL96/00409 and PCT/NL95/00135; U.S. Patent No. 6,100,388, and EP 1084709.  
15 These references are hereby incorporated by reference in their entirety as if fully set forth  
herein.

Cultures of lactobacillus expressing PYY or PYY agonists may be formulated as  
dry powder capsules or mixed into yogurt or milk. In a preferred embodiment, the PYY or  
PYY agonist is secreted by the lactobacillus in the intestines such that the PYY or PYY  
20 agonist can act to protect the intestinal mucosa cells.

Various modifications of the invention in addition to those shown and described  
herein will be apparent to those skilled in the art from the foregoing description. The  
following references are also hereby incorporated by reference as if fully set forth herein.

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